Mrs. Walch RN ext. 125 Mrs. Barnum RN ext. 127

Phone #716-751-3200 Fax # 716-751-9597

# Hello From Your School Nurse

#### Hello Parents and Guardians

Welcome back to Wilson High School, we are your nurses Mrs. Welch and Mrs. Barnum. We are here to help you have the best year possible. If it is medication at school that your child needs, or an ice pack we are here for you. We're also here to make sure the kids are healthy and safe and we can do that by making sure vaccines and physicals are up to date. Below is break down of what we need to help make the process easier.



That's right, no new vaccines are needed until 12th grade.

#### If your child needs medication at school

-We are able to administer prescription and Over the Counter medications as long as we have a (1) doctors order for the medication (2) your signature allowing us to give the medication, and (3) the medication in the original box that it came from the pharmacy in then store the medication safely in the clinic and make sure that if your child needs it, it's here for them

If you and your doctor feel that your child is able to carry and self-administer a medication that is great as well. In that case we would just need a Dr. order stating what the medication is and that they are able to carry and administer. \*\*Just make sure your child is aware that we will not have medication here in the clinic for them, so they need to make sure they have their medication with them (or in their bookbag) at all times while in school.

\*\*In case of an emergency, we do have an office stock of Epi-Pens, and can administer them if needed based on an order from our school medical director\*\*

### Yearly Physicals

-We do ask that you provide the clinic with a copy of your child physical so we have record that they are healthy and cleared to participate in physical activities. The great thing about electronic medical records is that most offices can fax it right to us at 716-751-9597 and you don't have to do any running around. \*Ernail is also a great option \_swalch@wilsoncsd.org or ebarnum@wilsoncsd.org

## <u>Injury notes</u>

-We hope it doesn't happen but with active kids, comes injuries at times. If your child is injured and needs to be out of gym/sports or needs accommodations to be successful in school, we can make that happen for you. Please get us the doctors note via fax or by dropping it off and we'll take care of the rest.

### Going home from the clinic

Now that your child is in high school, if your child is a walker and has your permission, they are able to walk home if they are ill. When picking up children you can park outside the main office and let us know when you're here and they can walk out to you.